

# BLOOD PRESSURE MANAGEMENT IN INTRACEREBRAL HEMORRHAGE

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# Learning Objectives

- Recognize the rationale for blood pressure reduction in acute ICH
- Discuss optimal blood pressure targets based on highest quality of evidence available
- Interpret the prognostic implications of blood pressure variability

# Key Messages

- Ideal target for BP reduction in acute ICH remains unclear
- Intensive BP reduction does not appear to increase the risk of neurological decline
- Gradual and sustained BP reduction is likely advisable because greater blood pressure variability is associated with worse outcomes
- History of chronic hypertension and initial BP need to be considered when defining the acute antihypertensive treatment plan

# Selected References

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